

Now I can...

enjoy the great outdoors

It's no surprise that Bill Meador of Hickory suffered a stroke while in a shooting house. Hunting and fishing are his favorite activities, so his therapy at Methodist Rehab focused on getting him back outdoors.

After staff taught him how to compensate for his paralyzed left side, the retired engineer devised ingenious ways to make his 120-acre farm more accessible. Now, he encourages other hunters hampered by health problems to "not let anything slow you down."

"There's a way to get it done," he says. "On the second anniversary of my stroke, I was back in the same shooting house with the same shooting rifle and the same chair."

